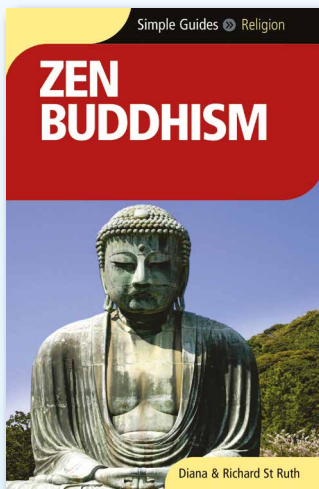


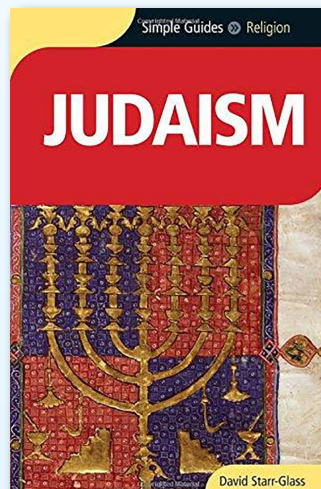
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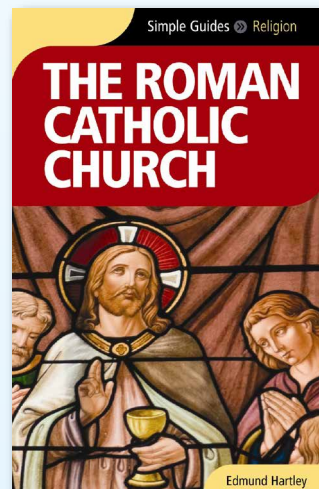
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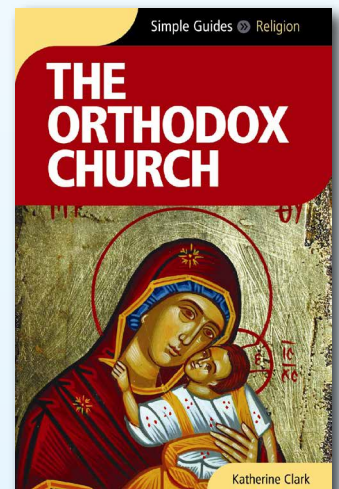
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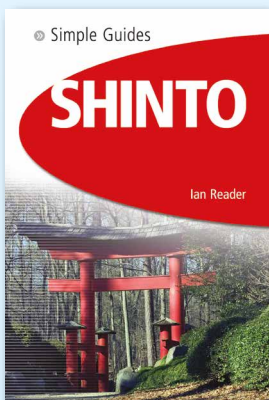


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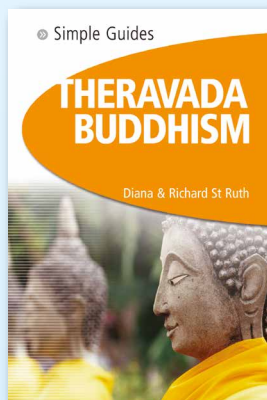


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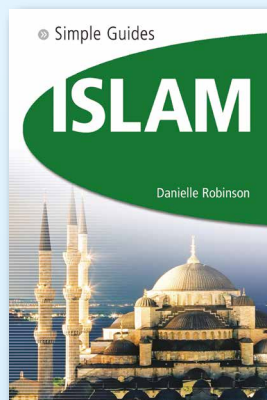
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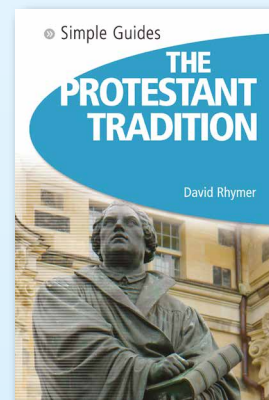
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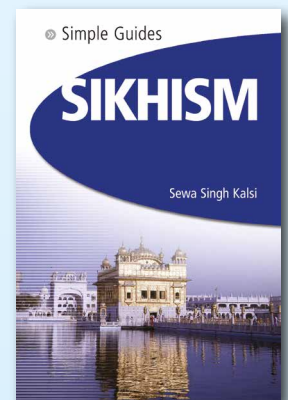
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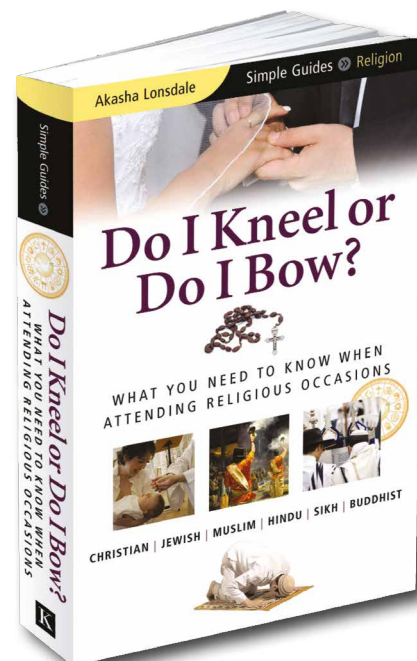
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AKASHA LONSDALE is an Interfaith Minister. Her seminary training in London included instruction in the major religions and sacred traditions of the world, and her vocation brings her into frequent contact with people of every faith and none.

Akasha is an executive coach, trainer, seminar speaker, and EAP counsellor, specializing in Emotional Intelligence and Stress Management. She has written for a variety of publications, and her book *How to Do Life – Powerful Pointers for Powerful Living* has been one of the most popular self-help titles in the United Kingdom.



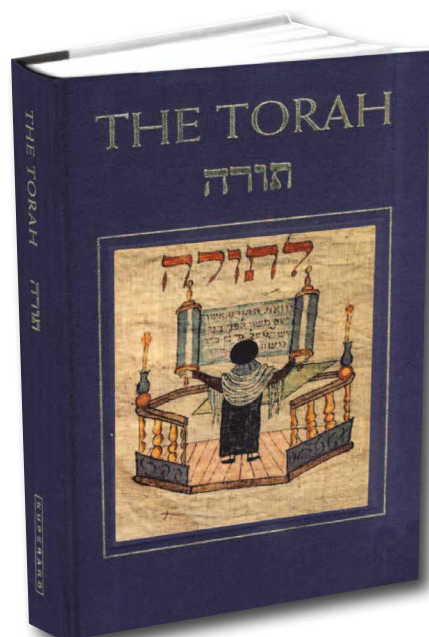
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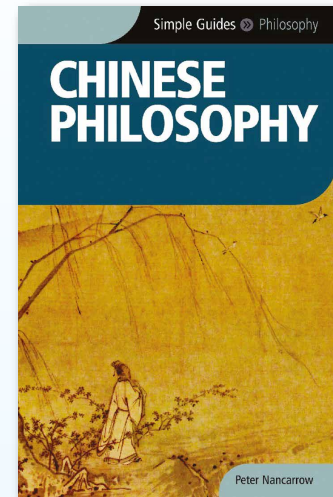
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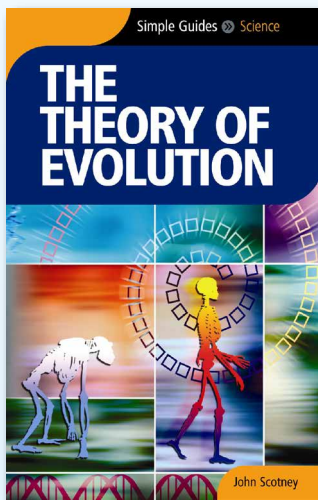
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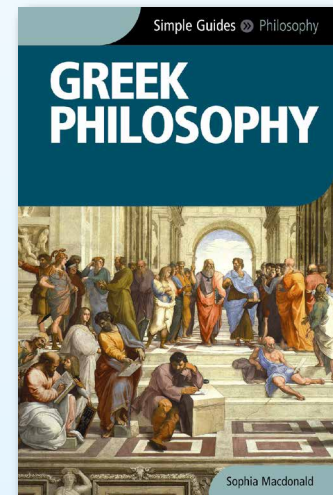
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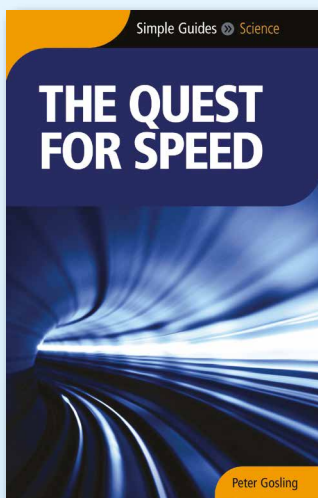
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