

Nepal – Culture Smart!

The Essential Guide to Customs & Culture

By Tessa Feller and Alan Mercel-Sanca

Nestling in the foothills of the Himalayas, Nepal is a land of contrasts and incongruities – not least in the variety of its cultural, ethnic, and religious weave. The Nepalese attitude to life is essentially religious. Hindu and Buddhist values predominate and help to maintain social harmony despite the divisions between rich and poor, urban and rural, highlands and lowlands.

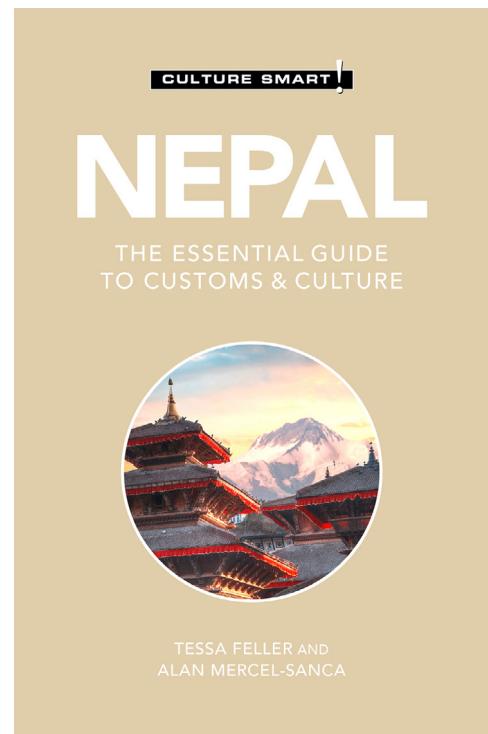
Culture Smart! Nepal sets out to explain the complexities of Nepalese life, from home to business, to the marketplace. It tells you what to expect, and provides insights that will help you to go beyond friendly smiles and turn your visit into an enlightening and rewarding experience.

Culture Smart! guides are created to help travelers have a more meaningful and successful time abroad through a better understanding of the local culture. Chapters on values, attitudes, customs, and daily life will help you make the most of your visit, while tips on etiquette and communication will help you navigate unfamiliar situations and avoid faux pas.

Tessa Feller has worked in several countries, including Austria, Russia, and Germany, where she is now based. She lived in Nepal for three years when her husband was posted there with the German Development Service. Her youngest son was born in Kathmandu.

Alan Mercel-Sanca is the CEO of the UK–Nepal Friendship Society, an organization that aims to protect and promote the various cultures that exist within Nepal through interrelated projects and activities in both countries.

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